HOW TO CLEAN YOUR BATHROOM

ACQUIRE MATERIALS
You will need the following items for cleaning. They can be purchased at any grocery store. Some items may also be borrowed from the front desk of your residence hall.
- Multi-purpose cleaner
- Toilet bowl cleaner
- Toilet brush
- Sponges/cloths/rags
- Glass cleaner
- Broom and dust pan
- Mop and bucket

DUST/SWEEP
- Use a duster or damp rag to remove dust from the bathroom surfaces including the back of the toilet.
- Use a broom to sweep the floor and then put all swept items into the trash.

TOILET
- Apply toilet bowl cleaner following the directions on the bottle.
- Put multi-purpose cleaner on a sponge and wipe the rim, seat, lid and around the toilet itself.
- Remove all stains and discoloration.
- Once the toilet bowl cleaner has been allowed to set, use the toilet brush to scrub the inside of the toilet bowl and flush.
- Repeat if necessary.

MIRROR
- Apply glass cleaner to the mirror and wipe off with rag, cloth or paper towel.

SINK AND COUNTER
- Apply the multi-purpose cleaner to the sink and the counter area.
- Scrub off all dirt, hair, and other products then wipe clean with a sponge.
- Rinse with clean water.

SHOWER AND BATHTUB
- Use a multi-purpose cleaner or shower/tub cleaner and follow directions on the bottle.
- For most multi-purpose cleaners, apply to shower/tub walls, floor and curtain/doors.
- Wait 15 to 30 minutes then scrub off with a sponge and rinse.
- Remove all hair from the drain area.

CLEANING TIPS
- Use a squeegee to wipe down the shower and curtains after each use to slow the build up of soap residue.
- Keep a sponge and cleaning solution under the sink and wipe down countertops more frequently to avoid build up.
- Rotate the schedule for when you deep clean specific items.
- Crumpled newspaper can be used to clean glass without streaks.
- Clean first, then disinfect for the most thorough cleaning or use a multi-purpose cleaner.
- By cleaning and disinfecting you are getting rid of germs which will help prevent the spreading of the flu and other illnesses.

TRASH AND RECYCLING
- Gather all trash and recyclable items.
- Sort and separate items using campus waste guidelines http://sustainable.sdsu.edu/initiatives/zero-waste
- Take items to the proper trash and recycling areas in your building.

MOP
- Fill a bucket with cleaning solution and water.
- Place the mop in the bucket then remove it and squeeze the excess water from the mop into the bucket.
- Pull the mop across the floor and rinse the mop in the bucket as needed.
- Allow the floor to dry and dump the water from the bucket in the shower or sink and rinse the mop.
- Alternative mops such as Swiffer are easy to use and store.

CLEANING FREQUENCY
- If cleaning is done frequently the bathroom will accumulate less dirt.
- Cleaning every week will help each cleaning go quicker.
- If you wait longer between cleanings, you will need to spend more time cleaning in order to do a thorough job.