Based on the San Diego County public health order, the required isolation period for positive COVID-19 cases is ten (10) days. In some cases, individuals may end their isolation period prior to day ten (10), with the approval of the SDSU COVID Clearance team.

In order to exit isolation prior to day ten (10), you must submit a negative COVID-19 test that is taken on day five (5) of your isolation period or later.

**Step 1:** On day five (5) of your isolation period (which is either 5 days since the start of your symptoms or 5 days since the date you took your COVID-19 test if asymptomatic), complete a rapid test using the kit provided to you.

**Step 2:** Complete the lower portion of this page and take a photo of it.

**Step 3:** Upload the photo to HealtheConnect by selecting the “COVID-19” tab and “external result.”

**Step 4:** Submit the Isolation Exit Request Form on the “Forms” tab of HealtheConnect.

I attest that the test I have taken and am submitting is accurate and valid for the date I have listed.

I also understand that submission of inaccurate information is a violation of the university’s COVID-19 policy and subject to consequences under the Student Conduct Code, as outlined in CSU Executive Order 1098.

Signature